

SNAPH Advisory Council

Student Nutritional and Physical
Health Advisory Council

Meeting 2

May 5, 2025



Activity #1 – Introductions & Table Talk

At your tables, discuss with your neighbors:

- Who you are, your role, & which school connects you to the district?
- "What's one wellness tip or habit that has made a positive impact on your life?"



Agenda & Objectives:

- Review updates on Student Wellness initiatives from school year (SY) 2024-25
- Review updates from the Food & Nutrition program
- Explore the USDA approved assessment tool: WellSat 3.0
- Workshop: Scoring the Student Wellness Policy
- Look ahead to SY 2025-26

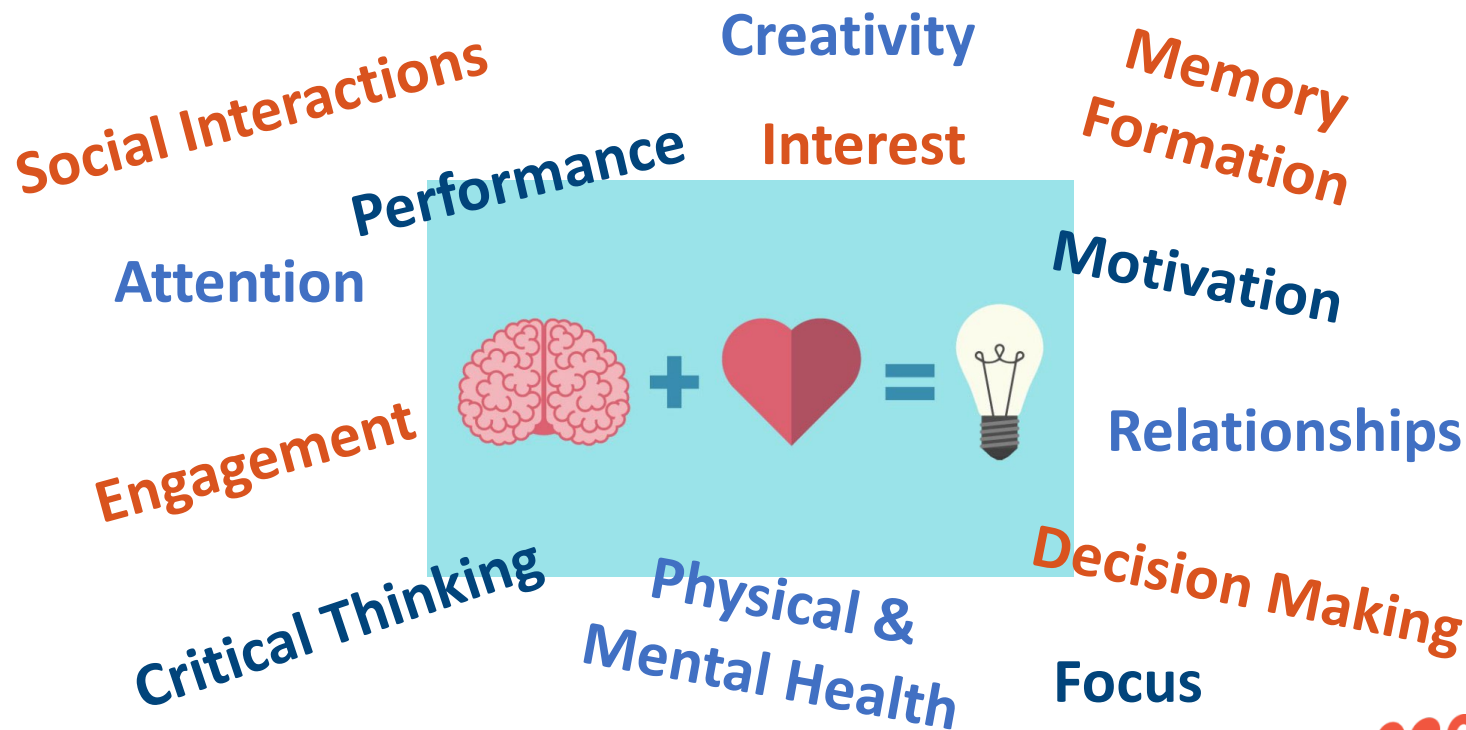


SY24-25: A Review

*SNAPH
into
Action!*



What do Emotions **Impact**?



Safe Walk-to-School Routes:

TRANSPORTATION

Overview

My Stop App

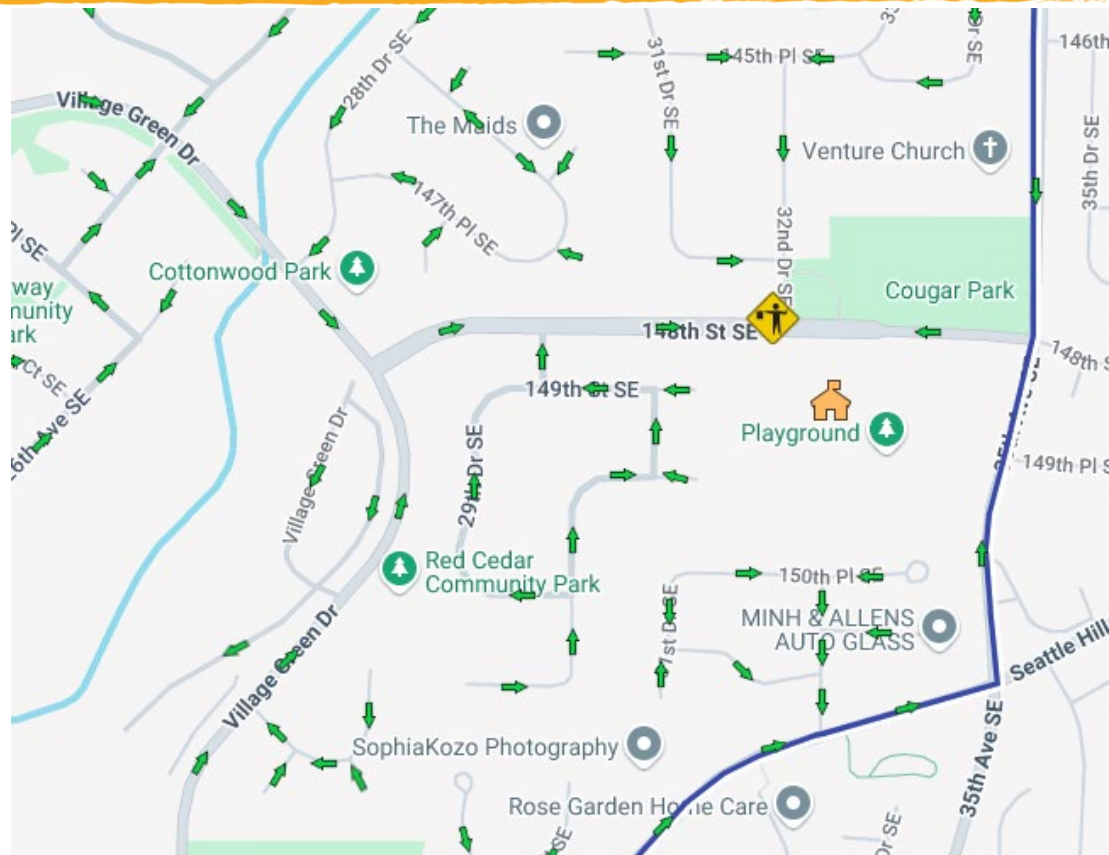
+ Safety Tips

Durham School Services

Snow Routes

Frequently used forms

Safe Walk Path Maps



2024 – 2025 Let's Go Schools!

7

Student Wellness Updates



F&N Programs:

- Child Nutrition Initiatives
- Collaborations
- Summer Programs



Cultural & New Menu Items:

KEEPING
IT
FRESH



NEW
RECIPES



UPDATING
RECIPES



FOOD FUN!



THAI
INSPIRED
YELLOW
CURRY
CHICKEN

★★★★★

Last Thursday the high schools tried this bright, spicy, delicious new recipe!

NEW RECIPE



Expanding Meal Access:

FREE
Starting November 12th

**SUPER
SNACK
MENU!**

For ALL students!

A balanced meal to
fuel your after
school learning and
activities!

Yogurt Combo
PB & J Combo
Yogurt Parfait

Served with Fruit, Veggie
and Milk



This institution is
an equal
opportunity
provider and
employer.

- 3 new sites:
 - Cascade HS
 - North MS
 - Evergreen MS
- Current site
 - Everett HS
- 40,000+ meals
(projected)



Expanding Meal Access:



Everett Public Schools.WA

March 18 · 🌟

🌙 Everett Public Schools is here to support students observing Ramadan! 🌙

Thanks to a statewide waiver approved by the Office of Superintendent of Public Instruction (OSPI), schools can provide grab-and-go meals for students fasting during the school day. From Friday, Feb. 28 – Friday, March 28, students can request a take-home meal to eat after sundown. Meals will be vegetarian and Halal-compliant.

🆓 Free for eligible students

💰 \$3.90 for non-eligible students & second meals

If your family is celebrating Ramadan and would like to request a meal for your student, please fill out the short interest form at <https://form.jotform.com/250495692604160>

#Ramadan #EverettPublicSchools #StudentWellness #OSPI



Ramadan
kareem

Everett Public Schools
is committed to
supporting students
observing Ramadan.



Henry M. Jackson HS @HMJacksonHS · 8s

@HMJacksonHS @EverettSchools is providing lunch accommodations for those that are fasting during Ramadan, 🌙⭐ lunch even includes dates!!! 🍌



Dr. Pete Misner and 7 others



Investing in Farm-to-School:



- Equipment
- Staffing
- Vehicle

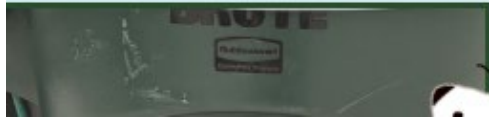




Tambark Creek's
Green Team has
composting and
recycling under control!



**REDUCE
REUSE
RECYCLE**





Fun with Miracle Berries at Jefferson Elementary



Elevating Student Education:



Summer Programs:



Summer Programs:



New Locations

- Axis Apts
- Four Corners Apts
- Grandview Apts
- Heatherwood Apts
- Imagine Children's Museum



Legislative Update:



WA State:

- Seated Lunch
- Farm-to-School
- Free Meals for All

Federal:

- Local Foods for Schools
- ????



Preparing for the Triennial Assessment

WellSAT 3.0

*“Wellness School
Assessment Tool”*



+ Create New Assessment



Student Wellness Policy: Assessment

Featured Activity:

- Divide into small groups (2-3 members)
- Groups will receive 8-10 questions
- “Scavenger Hunt” the current Student Wellness Policy
- “Policy Only” – not “practice” or “implementation”



Student Wellness Policy: Assessment

Section 1: Federal Requirements

FR1 - Includes goals for nutrition education that are designed to promote student wellness.	
Federal Rule language states that policies must include "specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness."	
N/A	Not applicable
0	Either no goals for nutrition education are mentioned or policy clearly detracts from requirement
1	Any of the following: • Nutrition education goal is implied • Policy only repeats the language of the federal wellness requirement regarding nutrition education • Policy only mentions "total learning environment" language and no other NE-related language included Examples: • "The district is committed to nutrition education" • "Includes goals for nutrition education...designed to promote student wellness in a



0 - Not Mentioned

1 - Weak Statement

2 - Meets or Exceeds Expectations

Overall District Policy Score

Total Comprehensiveness

District Score

54

Total Strength

District Score

23



Student Wellness Policy: Assessment

Team Report Out:

- What surprised you – or made you want to know more?
- What area(s) had a score of '0' or '1'?
- Which area(s) are a priority for addressing?



A Look Ahead:

- Refreshing
SNAPH
Membership
- Guest
Speakers
- Triennial
Assessment



SNAPH Advisory Council 2025-26 Save the Dates:

Fall Meeting – Thursday, November 13, 2025

Spring Meeting – Thursday, May 7, 2026

